

# Hello everyone

Can you believe it . . . we are already in week five of an eleven week term that has Easter in the middle of it!

Swim Smart has started and will run over two weeks. It is very important that children have their togs every day during this time. We get charged for each child attending and it is important for all children to learn life safety skills in and around the water. There is quite a change to the programme this year, with the main focus on water safety and not teaching stroke. They do have to be able to swim for five minutes non-stop in the senior classes. To teach your child to swim, you need to enrol them in swimming lessons or send them along to Swim Club on Monday nights as Swim Safe isn't designed to do this.

Congratulations to the students who took part in the Southland Triathlon last Friday. Results can be seen further on in this newsletter.

Our Year four to Year eight classes will be visiting the Art Exhibition at Waikawa, on Thursday. I have been told that it is outstanding this year. We are so lucky to have such an outstanding resource as this in our Community.

From our survey of parents, one of the qualities that they consider important is resilience. Resilience is defined as, "the ability to recover readily from adversity". Resilience is when we make a mistake or don't get the result that we had hoped for; we can recover from this with dignity, learn from the experience and work hard to achieve better next time. Research shows that to support children with this we need to praise their effort, not tell them that they are brilliant or the best. If they are constantly told that they are brilliant at something, they give up when it gets hard and they have to work for results. The child that is given credit for effort will learn to put in the effort and achieve their dreams. Words can make or break you and can change your mindset. We want our children to have a Growth Mindset. Thank you to all of the caregivers that attended the Goal Setting Conferences. Our children have become more focused on their learning since goal setting collaboratively with them and your input is valued as the people that know them best. If you missed the interviews, please contact the school to arrange another time.

Miss Cahill's Team Karaka, will be sharing at Assembly on Friday. Ka kite ano Kate Stevenson

Principal

"You may have to fight a battle more than once to win it." Margaret Thatcher

"It's your reaction to adversity, not adversity itself that determines how your life's story will develop." Dieter F. Uchtorf

#### Change of Address for newsletter advertisements patricia@tokanui.school.nz

Advertisements cost \$5 each and to be at School Office or above address by 12 noon on the Tuesday.

## Calendar of Events:

Thursday 1 <sup>st</sup> March	-	Art Exhibition Trip - Team Kakariki, Karaka, Papura
Friday 2 <sup>nd</sup> March	-	Team Karaka Assembly
Monday 5 <sup>th</sup> March	-	Book Bus
Friday 9th March	-	Team Papura Assembly
Friday 16th March	-	- Tokanui School Swimming Sports
Tuesday 20th March	-	Board of Trustees Meeting 7.30pm
Friday 23rd March	-	Southern Zone Athletics – Invercargill
Tuesday 27th March	-	Southern Zone Athletics Postponement date
Thursday 29th March	-	Southern Zone Swimming Sports
Friday 30th March-Tuesd	ay	/ 3 <sup>rd</sup> March - Easter break
Friday 6 <sup>th</sup> April	-	Team Kowhai Assembly
Sunday 8th April	-	Swimming Championships
Friday 13 <sup>th</sup> April	-	Team Whero Assembly
Friday 13th April	-	School Holidays

## - School Holidays

#### Below are the dates for our Zone events for 2018.

Athletics: Friday 23rd March, postponement date Monday 27th March. Run by Gorge Road/HMB.

Swimming: Thursday 29th March (Easter Weekend). Held at Gorge Road School, run by Myross Bush.

Cross Country: Friday 22nd June, no postponement date. If the weather is bad Juniors will not attend, only Seniors who can qualify for Southland's. Held at Woodlands Research Centre, run by Woodlands.

Moffett Cup: Friday 3rd August. Held at Pirates Old Boys Rugby Ground and ILT Stadium Southland, run by Ascot.

Football Tournament: Friday 9th November - Tbc - run by Tokanui.

#### **Class Reports:**

## Team Kowhai (1) Miss Thomson & Team Whero (2) Miss McKenzie:

Thank you for coming to interviews. We have had a busy week with Swim Safe starting up. Make sure you have a look at our class seesaws (your child will have the code)

Team Karaka (3) Miss Cahill: We have been working really hard on the worm farm. We have Worm Juice for Sale \$2.50 per bottle. The ratio is 1: 10. We are also very excited about the bee hive arriving this week.

Team Papura: (4) Mrs Poole: Thank you to all the parents who came to Goal Setting interviews. This week we are swimming every day with Swim Safe. It is important that all the children bring their togs every day.

Team Kakariki (5) Miss Van den Beld: We are starting athletics today so please make sure you wear the best clothing to do this, we will be doing this Monday to Wednesday each week. We also have Swim Safe each day until the end of next week. We are looking forward to visiting the Edge of the World Art Exhibition tomorrow.

## **Triathlon Results**

All our triathletes competed well. Joccoa Crosswell, Emma Jennings and Piper McRae came 6th in the Year 8 girls' grade. Callum and Mitchell came 9th in the Year 8 boys' grade; Kelvin, Kaelan and Max came 10th in the Year 8 boys' grade. Great effort.

#### Athletic Sports

This is at Surrey Park on Friday 23rd of March. This year we are responsible for running the High Jump. We will need some parents to help us run both the Middle School and Senior School jumps. If you are able to help please contact Sue at school.

## **Reminder:**

Swim safe is on until Friday 9th March. Please make sure your child/children have their togs every day.

Please be aware head lice and school sores are doing the rounds as well as the vomiting bug. Please be aware children must be kept at home for 48 hours after the last vomit.



If you have any unwanted Tokanui School hoodies or want to order a second hand hoodie (\$10) then please contact Beth 2468 558

Tokanui Home & School are updating telephone lists and will be available from the School Office asap- \$10 per list.

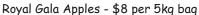


If you wish to subscribe to our online newsletter, please go to tokanui.school.nz; what's on; newsletter and subscribe.

Johnstone Contracting - Full cultivation services available now including Drilling of all seeds and precision planting. Also a full Baleage service using film on film for the best quality Baleage. Give us a call now and book in. 027 454 9024. Delivering this newsletter and the latest Agricultural solutions to our customers. www.johnstone.co.nz

Zone Sports News The Facebook Group called 'Southern Zone Schools Sport' has useful information, draws, news and some photos on it for those in Zone teams.

Home & School Fundraiser



Orders to any school parent or School Office (2468 738) by Friday February 23<sup>rd</sup> delivered Wednesday 7<sup>th</sup> March .

Odd Spot: The sound a camel makes is called nuzzling



Tokanui Swimming Club

Club fees, \$35 per child per season. New swimmers to pay \$15 for a half season. Pay; Tokanui Swimming Club

031355 0567385 00. (Child's name as reference) A reminder for outstanding fees for swimmers. Enquires to Pip Blair 2468453

# Tokanui Medical Centre - Phone 2468 850

Doctor Days - Wednesday 14th March- Abraham

Wednesday 28th March - Abraham Flu vaccinations will be available on these days. You don't have to be enrolled in this practice to have this vaccination at Tokanui.

Please contact Balclutha Medical Centre to make an appointment and for repeat prescriptions - (03) 4190 400 Anyone wanting a smear test, contact the Tokanui Medical Centre.



Emergencies phone 111 Ambulance, Fire and Police.



Toe Toes Swimming Pool is running the mystery bottle auction at the Prime Lamb competition on Friday night at the Tokanui Tavern. Anyone willing to donate a bottle filled with something send along to the pub or drop to the school in a

bag. Thanks.

Tokanui Netball Club AGM Monday 12 March 7.30 pm at the Tokanui Tavern Everyone Welcome.





Curio Bay Christian Fellowship Sharing the love of Jesus Sunday Service 10.30am

Ceilia & Paul Watson 2468 431

Arts Trust Choir starts Thursday 8<sup>th</sup> March 7.30pm School Library. Everyone welcome Contact Anette 2468 497



Tokanui Rugby Club

The Tokanui Rugby Club wish to advise that their annual Prime Lamb competition will be held on Friday 2<sup>nd</sup> March.

All Welcome

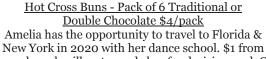
Get those lambs ready and prime for a healthy and very competitive competition. Prime Lamb, Prime Pair, Heaviest Lamb grades. Lamb pickups will be on Thursday 1<sup>st</sup> March – you should have had

contact by now.

Prize giving will be at 7pm at Tokanui Tavern on Friday 2<sup>nd</sup> March. Raffles and Mystery bottle Auction in support of the Swimming Pool will also be happening during the evening. Any questions to Daryl Johnstone - 03 246 8867

Southern Districts Ambulance Meeting - Monday 12th March at the Tokanui Fire Station at 7:30pm.

Any apologies or queries, please contact Angela Biggar.





each pack will go towards her fundraising goal. Orders by Sunday 11th March, delivery week of 19th March If interested contact Kate 2468-595 or <u>nkfarm@outlook.com</u>



# Edge of the World

13th Annual Arts Exhibition 24th Feb - 4th March 2018 Southern District Arts Trust

Guest Artists - Amelia Guild & Stuart King Waikawa Hall 9am - 5pm daily Entry \$3 Adult \$1 Children More info Contact Janice 03 2469 566 broads@netspeed.net.nz Cala 03 2468 434 cala.sog@farmside.co.nz Website www.southerndistrictart.wix.com/artstrust

Environment Southland and Invercargill City Council Parks Division invite you to a Landcare Networking Field Day. The day will be a great day out, hearing from all the Landcare groups in the morning, as well as a guest speaker from the Coastal Restoration Trust. After a lunch we will have a field trip around Sandy Point and Oreti Beach, show casing the work that the ICC Parks Division has carried out. When: 10am Saturday 10th March 2018. For full details see http://www.sern.org.nz/events/ or Contact Nathan Cruickshank on 0800 76 88 45

This week's joke: "My sister is the only one I know who can speak five languages - and doesn't know how to say "thank you" in any of them!"

McWilliam Family Picnic - Tokanui Rugby Club Saturday 3rd March 11.00am onwards



# Pilates – Tokanui Hall

Wednesdays 9.30am 10 weeks - \$120 5 weeks - \$70 (plus casual price for workouts over and above five visits) Pay as you go \$16 brucethomson@btpilates.co.nz







Team Kowhai and Whero



Parenting

Johnstone Contracting - Full cultivation services available now including Drilling of all seeds and precision planting. Also a full Baleage service using film on film for the best quality Baleage. Give us a call now and book in. 027 454 9024. Delivering this newsletter and the latest Agricultural solutions to our customers. www.johnstone.co.nz

Thank you for supporting those who support our school.



Johnstone Contracting – Full cultivation services available now including Drilling of all seeds and precision planting. Also a full Baleage service – using film on film for the best quality Baleage. Give us a call now and book in. 027 454 9024. Delivering this newsletter and the latest Agricultural solutions to our customers. www.johnstone.co.nz