



Hello everyone

Can you believe it . . . we are already in week five of an eleven week term that has Easter in the middle of it!

Swim Smart has started and will run over two weeks. It is very important that children have their togs every day during this time. We get charged for each child attending and it is important for all children to learn life safety skills in and around the water. There is quite a change to the programme this year, with the main focus on water safety and not teaching stroke. They do have to be able to swim for five minutes non-stop in the senior classes. To teach your child to swim, you need to enrol them in swimming lessons or send them along to Swim Club on Monday nights as Swim Safe isn't designed to do this.

Congratulations to the students who took part in the Southland Triathlon last Friday. Results can be seen further on in this newsletter.

Our Year four to Year eight classes will be visiting the Art Exhibition at Waikawa, on Thursday. I have been told that it is outstanding this year. We are so lucky to have such an outstanding resource as this in our Community.

From our survey of parents, one of the qualities that they consider important is **resilience**. Resilience is defined as, "the ability to recover readily from adversity". Resilience is when we make a mistake or don't get the result that we had hoped for; we can recover from this with dignity, learn from the experience and work hard to achieve better next time. Research shows that to support children with this we need to praise their effort, not tell them that they are brilliant or the best. If they are constantly told that they are brilliant at something, they give up when it gets hard and they have to work for results. The child that is given credit for effort will learn to put in the effort and achieve their dreams. Words can make or break you and can change your mindset. We want our children to have a Growth Mindset.

Thank you to all of the caregivers that attended the Goal Setting Conferences. Our children have become more focused on their learning since goal setting collaboratively with them and your input is valued as the people that know them best. If you missed the interviews, please contact the school to arrange another time.

Miss Cahill's Team Karaka, will be sharing at Assembly on Friday.

Ka kite ano

Kate Stevenson

Principal

"You may have to fight a battle more than once to win it." Margaret Thatcher

"It's your reaction to adversity, not adversity itself that determines how your life's story will develop." Dieter F. Uchtorf

Change of Address for newsletter advertisements

patricia@tokanui.school.nz

Advertisements cost \$5 each and to be at School Office or above address by 12 noon on the Tuesday.

Calendar of Events:

- Thursday 1st March - Art Exhibition Trip – Team Kakariki, Karaka, Papura
- Friday 2nd March - Team Karaka Assembly
- Monday 5th March - Book Bus
- Friday 9th March - Team Papura Assembly
- Friday 16th March - Tokanui School Swimming Sports
- Tuesday 20th March - Board of Trustees Meeting 7.30pm
- Friday 23rd March - Southern Zone Athletics – Invercargill
- Tuesday 27th March - Southern Zone Athletics Postponement date
- Thursday 29th March - Southern Zone Swimming Sports
- Friday 30th March- Tuesday 3rd March - Easter break
- Friday 6th April - Team Kowhai Assembly
- Sunday 8th April - Swimming Championships
- Friday 13th April - Team Whero Assembly
- Friday 13th April - School Holidays

Below are the dates for our Zone events for 2018.

Athletics: Friday 23rd March, postponement date Monday 27th March. Run by Gorge Road/HMB.

Swimming: Thursday 29th March (Easter Weekend). Held at Gorge Road School, run by Myross Bush.

Cross Country: Friday 22nd June, no postponement date. If the weather is bad Juniors will not attend, only Seniors who can qualify for Southland's. Held at Woodlands Research Centre, run by Woodlands.

Moffett Cup: Friday 3rd August. Held at Pirates Old Boys Rugby Ground and ILT Stadium Southland, run by Ascot.

Football Tournament: Friday 9th November - Tbc - run by Tokanui.

Class Reports:

Team Kowhai (1) Miss Thomson & Team Whero (2) Miss McKenzie:

Thank you for coming to interviews. We have had a busy week with Swim Safe starting up. Make sure you have a look at our class seesaws (your child will have the code).

Team Karaka (3) Miss Cahill: We have been working really hard on the worm farm. We have Worm Juice for Sale \$2.50 per bottle. The ratio is 1: 10. We are also very excited about the bee hive arriving this week.

Team Papura: (4) Mrs Poole: Thank you to all the parents who came to Goal Setting interviews. This week we are swimming every day with Swim Safe. It is important that all the children bring their togs every day.

Team Kakariki (5) Miss Van den Beld: We are starting athletics today so please make sure you wear the best clothing to do this, we will be doing this Monday to Wednesday each week. We also have Swim Safe each day until the end of next week. We are looking forward to visiting the Edge of the World Art Exhibition tomorrow.

Triathlon Results

All our triathletes competed well. Jococa Crosswell, Emma Jennings and Piper McRae came 6th in the Year 8 girls' grade. Callum and Mitchell came 9th in the Year 8 boys' grade; Kelvin, Kaelan and Max came 10th in the Year 8 boys' grade. Great effort.

Athletic Sports

This is at Surrey Park on Friday 23rd of March. This year we are responsible for running the High Jump. We will need some parents to help us run both the Middle School and Senior School jumps. If you are able to help please contact Sue at school.

Reminder:

Swim safe is on until Friday 9th March. Please make sure your child/children have their togs every day.

Please be aware head lice and school sores are doing the rounds as well as the vomiting bug. Please be aware children must be kept at home for 48 hours after the last vomit.



If you have any unwanted Tokanui School hoodies or want to order a second hand hoodie (\$10) then please contact Beth 2468 558

Tokanui Home & School are updating telephone lists and will be available from the School Office asap- \$10 per list.



If you wish to subscribe to our online newsletter, please go to tokanui.school.nz; what's on; newsletter and subscribe.

Johnstone Contracting – Full cultivation services available now including Drilling of all seeds and precision planting. Also a full Baleage service – using film on film for the best quality Baleage. Give us a call now and book in. 027 454 9024.
Delivering this newsletter and the latest Agricultural solutions to our customers. www.johnstone.co.nz

Zone Sports News The Facebook Group called 'Southern Zone Schools Sport' has useful information, draws, news and some photos on it for those in Zone teams.

Home & School Fundraiser

Royal Gala Apples - \$8 per 5kg bag

Orders to any school parent or School Office (2468 738) by Friday February 23rd delivered Wednesday 7th March .



Odd Spot: The sound a camel makes is called nuzzling



Tokanui Swimming Club

Club fees, \$35 per child per season.

New swimmers to pay \$15 for a half season.

Pay; Tokanui Swimming Club

031355 0567385 00. (Child's name as reference)

A reminder for outstanding fees for swimmers.

Enquires to Pip Blair 2468453

Tokanui Medical Centre – Phone 2468 850

Doctor Days – Wednesday 14th March– Abraham

Wednesday 28th March - Abraham

Flu vaccinations will be available on these days. You don't have to be enrolled in this practice to have this vaccination at Tokanui.

Please contact Balclutha Medical Centre to make an appointment and for repeat prescriptions – (03) 4190 400

Anyone wanting a smear test, contact the Tokanui Medical Centre.

Emergencies phone 111 Ambulance, Fire and Police.



Toe Toes Swimming Pool is running the mystery bottle auction at the Prime Lamb competition on Friday night at the Tokanui Tavern. Anyone willing to donate a bottle filled with something send along to the pub or drop to the school in a bag. Thanks.

Tokanui Netball Club AGM

Monday 12 March 7.30 pm at the Tokanui Tavern

Everyone Welcome.



Curio Bay Christian Fellowship

Sharing the love of Jesus

Sunday Service 10.30am

All Welcome

Ceilia & Paul Watson 2468 431

Arts Trust Choir starts

Thursday 8th March 7.30pm

School Library. Everyone welcome

Contact Anette 2468 497



Tokanui Rugby Club

The Tokanui Rugby Club wish to advise that their annual Prime Lamb competition will be held on Friday 2nd March.

Get those lambs ready and prime for a healthy and very competitive competition. Prime Lamb, Prime Pair, Heaviest Lamb grades.

Lamb pickups will be on Thursday 1st March – you should have had contact by now.

Prize giving will be at 7pm at Tokanui Tavern on Friday 2nd March.

Raffles and Mystery bottle Auction in support of the Swimming Pool will also be happening during the evening.

Any questions to Daryl Johnstone – 03 246 8867

Southern Districts Ambulance Meeting - Monday 12th March at the Tokanui Fire Station at 7:30pm.

Any apologies or queries, please contact Angela Biggar.

Hot Cross Buns - Pack of 6 Traditional or Double Chocolate \$4/pack

Amelia has the opportunity to travel to Florida & New York in 2020 with her dance school. \$1 from

each pack will go towards her fundraising goal. Orders by Sunday 11th March, delivery week of 19th March

If interested contact Kate 2468-595 or nkfarm@outlook.com



Edge of the World

13th Annual Arts Exhibition

24th Feb – 4th March 2018

Southern District Arts Trust

Guest Artists – Amelia Guild & Stuart King

Waikawa Hall 9am – 5pm daily Entry \$3 Adult \$1 Children

More info Contact Janice 03 2469 566 broads@netspeed.net.nz

Cala 03 2468 434 cala.sog@farmside.co.nz

Website www.southerndistrictart.wix.com/artstrust

Environment Southland and Invercargill City Council Parks Division invite you to a Landcare Networking Field Day. The day will be a great day out, hearing from all the Landcare groups in the morning, as well as a guest speaker from the Coastal Restoration Trust. After a lunch we will have a field trip around Sandy Point and Oreti Beach, show casing the work that the ICC Parks Division has carried out. **When:** 10am Saturday 10th March 2018. For full details see <http://www.sern.org.nz/events/> or Contact Nathan Cruickshank on 0800 76 88 45

This week's joke: "My sister is the only one I know who can speak five languages – and doesn't know how to say "thank you" in any of them!"

McWilliam Family Picnic - Tokanui Rugby Club

Saturday 3rd March

11.00am onwards



Pilates – Tokanui Hall

Wednesdays 9.30am

10 weeks - \$120

5 weeks - \$70 (plus casual price for workouts over and above five visits)

Pay as you go \$16

brucethomson@btpilates.co.nz



Team Kowhai and Whero enjoying their blackberry pie.



Johnstone Contracting – Full cultivation services available now including Drilling of all seeds and precision planting. Also a full Baleage service – using film on film for the best quality Baleage. Give us a call now and book in. 027 454 9024. Delivering this newsletter and the latest Agricultural solutions to our customers. www.johnstone.co.nz

Thank you for supporting those who support our school.

GREAT SOUTHERN GROUP



Shelter Shed
5.7m x 2.4m x 2.9m Small Shell with Kickboard \$2600 inc GST

22 River Street – Ph/Fx 03 208 9656 – Gore
West Plains Rd – Ph 03 215 9738 – Fx 03 215 9728 – Invercargill

ROGERS MOTORCYCLES
YAMAHA



New and Used 2 or 4 Wheelers
Top Workshop Service
Parts/Tyres/Helmets

YMF
YAMAHA MOTORCYCLES FINANCE

84 Leet Street Invercargill
Phone 218 9584
www.rogersmotorcycles.co.nz

Invercargill
16 Victoria Avenue, Invercargill
(03) 211 1955
invercargill@farmlands.co.nz



Farmlands
co-operative

TITIROA
TRANSPORT Ltd
Est. 1954



Rural Carriers
Stock Cartage
Fertiliser Spreading & Cartage
Ballance & Ravensdown Stores
Sewabst & Bark Supplies
Gravel, Rock, Lane Maintenance
Coal, Compost Supplies

03 218 2124 / 0800 2 2124
20 Spey Street Invercargill

Delo | **Havoline**
INVERCARGILL OIL SHOP



For all your
4WD and Wheel
Alignment needs.

Caltex Oil Distributor, Southland
Phone 03 218 2124 20 Spey Street
0800 2 buy oil Invercargill

MAXWELL
Contracting

- 14 & 20 Tonne Excavators
- Laneways
- Earthmoving
- Silage
- Farm Drainage




David 027 512 7373 / Murray 027 435 4200

ROBINSON EXCAVATING



Gareth Robinson
03 246 9695 or 027 634 7827

Fly & Spider Control



Phone Now!
0800 2 SPYDER (0800 2 77933)
pestcontrol@thenet.net.nz
www.flyandspidercontrol.co.nz

Southland Owned and Operated

- ★ Cluster flies
- ★ Wasps
- ★ Spiders
- ★ White tails
- ★ Borer gassing

STRANG CONTRACTING



All your agricultural, forestry
and farming needs

Contact Quentin 027 246 8417
or Lindsey 021 0279 3072

KEAST
Electrical



Peter Keast
Registered Electrician
Phone 03 246 8410

KAPUKA
TRANSPORT LTD

- General rural carriers
- All livestock cartage
- Fertiliser spreading and cartage
- Kai bulk coal : Allied bag coal

Buckingham St Kapuka
03 246 8737 03 239 5854

PROUD TO SUPPORT THE TOKANUI DISTRICT

NEED CRUTCHING?



Southern Crutching & Tailing Ltd
Tony Crofts – 027 671 9552

Triple Mobile Crutching Unit - Dagging - Winter Crutching - Top Crutching - Ewes and Rams - No need for dry sheep!!

JOHNSTONE Contracting



Daryl & Nicola
M: 027 454 9024
H: 03 246 8867
E: daryl@johnstone.co.nz
www.johnstone.co.nz

AVAILABLE NOW
for all your
Cultivation, Sowing, Baleage & Hay needs
in Southern Eastern Southland.

vetco
LIMITED

For All Your Veterinary Services & Supplies
24 hour emergency service

Edendale Clinic
14 Sweeney St, Edendale
Phone (03) 206 6170

Kennington Clinic
11 Clapham Rd, Kennington
Phone (03) 230 4689



The Animal Health Professionals

Increase your sales. Advertise on school newsletter covers.

i-cue 03 218 3350 / WWW.I-CUE.CO.NZ

Johnstone Contracting – Full cultivation services available now including Drilling of all seeds and precision planting. Also a full Baleage service – using film on film for the best quality Baleage. Give us a call now and book in. 027 454 9024.
Delivering this newsletter and the latest Agricultural solutions to our customers. www.johnstone.co.nz